

17th Annual Elmore Practice Triathlon Series
06/08/23

The June 8, 2023 Elmore Triathlon attracted a sell out crowd despite cold and rainy weather. There were many 1st time triathletes present with racers from 12 to 74 years old! 39 racers started the event with 31 finishing the triathlon, 3 the duathlon, 1 each the aquabike and the aquathlon. 2 people wisely withdrew when their body temperature dropped too much. I apologize to Ben W, who missed the bike turnaround because the cone and signs were removed before he got there after he was delayed by a flat tire. From now on we'll leave the cone and sign there until I go home!

Water Temp 62, Air Temp 57. Temperature dropped during the race in the rain I believe.

TRIATHLON RESULTS

Place	Place in Division	NO.	NAME	AGE	S	SWIM Time	BIKE Time	BIKE Cum Time	RUN Time	FINAL Time
1	1/3	7	Lance Parker	29	M	7:04	26:09	33:13	16:18	49:31
2	1/3	3	Thorin Markison	40	M	7:09	26:53	34:02	15:46	49:48
3	2/3	5	Steve Maas	45	M	7:01	30:54	37:55	19:28	57:23
4	1/2	26	Ezra Merrill-Triplet	18	M	8:13	34:43	42:56	15:21	58:17
5	1/2	35	Amy Tomasso	29	F	6:12	36:22	42:34	19:35	1:02:09
6	1/4	16	Emma Duffany	30	F	8:38	37:40	46:18	16:58	1:03:16
7	1/2	2	Doreen Audette	50	F	6:47	34:45	41:32	22:05	1:03:37
8	2/4	41	Marian Wolz	30	F	9:03	37:28	46:31	21:31	1:08:02
9	1/2	24	Ben Kidder	32	M	12:48	31:10	43:58	24:06	1:08:04
10	2/2	30	Sara Phillips	52	F	8:12	38:15	46:27	21:40	1:08:07
11	2/3	29	Chris Pauley	28	M	9:04	38:02	47:06	21:16	1:08:22
12	1/5	6	Celia Riechel	41	F	9:10	38:39	47:49	21:04	1:08:53
13	1/1	19	Robert Gil	39	M	9:46	37:55	47:41	21:12	1:08:53
14	3/3	31	Reed Scott	29	M	10:24	40:26	50:50	18:48	1:09:38
15	2/5	15	Brooke Decker	44	F	7:35	38:36	46:11	25:05	1:11:16
16	1/2	23	Barclay Johnson	51	M	8:55	39:15	48:10	23:08	1:11:18
17	2/2	1	Jacob Antonovich	18	M	5:58	44:05	50:03	21:30	1:11:33
18	3/3	10	John Bisset	47	M	8:53	39:56	48:49	24:31	1:13:20
19	1/1	40	Erika Wolf	24	F	8:38	46:31	55:09	18:54	1:14:03
20	3/4	12	Sara Clark	32	F	11:11	40:06	51:17	23:21	1:14:38
21	3/5	25	Toria Lajoie	44	F	12:15	38:08	50:23	24:54	1:15:17
22	1/1	36	Dave Vallett	67	M	10:45	40:05	50:50	25:52	1:16:42
23	2/2	11	Adam Bruggeman	51	M	10:43	43:02	53:45	24:28	1:18:13
24	4/4	42	Kristi Sills	30	F	9:08	41:37	50:45	27:56	1:18:41
25	1/3	34	Pam Sills	67	F	8:21	42:21	50:42	28:45	1:19:27
26	4/5	44	Abbie Eldridge	44	F	10:52	42:09	53:01	27:44	1:20:45
27	1/1	13	Lauren Cohen	35	F	9:19	48:25	57:44	25:36	1:23:20
28	5/5	32	Melissa Senesac	41	F	12:16	46:13	58:29	30:47	1:29:16
29	1/1	33	Isabel Senesac	12	F	12:12	46:18	58:30	30:47	1:29:17
30	2/3	20	Maryke Gillis	63	F	12:15	49:41	1:01:56	33:40	1:35:36
31	2/2	17	Nora Ely	29	F	11:42	50:48	1:02:30	41:10	1:43:40
32	2/2	39	Ben Weed	32	M	12:18	1:23:38	1:35:56		
33	3/3	27	Michele Morris	62	F	9:10				

DUATHLON RESULTS

Place	Place in Division	NO.	NAME	AGE	S	Run1 Time	BIKE Time	BIKE Cum Time	RUN2 Time	FINAL Time
1	1/2	28	Pippa Owens	36	F	8:30	42:26	50:56	23:03	1:13:59
2	2/2	14	Kasia Connors	39	F	7:19				1:18:45
3	1/1	37	Carol Vallett	67	F	9:40	43:26	53:06	28:42	1:21:48
4	1/1	43	John Kellermeier	74	M	11:11	59:20	1:10:31		

AQUABIKE RESULTS

Place	Place in Division	NO.	NAME	AGE	S	SWIM Time	BIKE Time	FINAL Time
1	1/1	8	John Bonneville	40	M	9:24	57:14	1:06:38

AQUATHLON RESULTS

Place	Place in Division	NO.	NAME	AGE	S	SWIM Time	RUN Time	FINAL Time
1	1/1	21	Katie Hansel	54	F	9:33	27:58	37:31