

It was an awesome night for a triathlon which helped balance out June 20th's cancellation. We had 29 participants from the ages of 11 to 70 with 2 first-time triathletes. The overall male winner was Michael Clark in a time of 55:11 with Marian Wolz taking the women's race in 1:01:21 not far ahead of 2nd place Meredith Naughton. Great air temps and water temperatures in the low 70's with minimal clouds and wind! Let's hope for a repeat for the picnic after the 2nd and sadly final Elmore of 2019 on July 18. Thank you very much to Beth Ann Finlay, Tim Buess, and Eric Ryea for volunteering.

13th Annual Elmore Practice Triathlon Series

07/01/19

OVERALL TRIATHLON RESULTS

Place in		NO.	Name	Age	S	SWIM Time	BIKE Time	BIKE		
Place	Division							Cum Time	RUN Time	FINAL Time
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1/3	18	Michael Clark	25	M	7:41	29:52	37:33	17:38	55:11
2	1/1	12	Anthony Gregoire	33	M	7:05	30:14	37:19	20:58	58:17
3	2/3	23	Patrick Cafferky	29	M	7:20	31:23	38:43	20:19	59:02
4	3/3	15	Benjamin Kidder	28	M	10:24	30:31	40:55	19:20	1:00:15
5	1/3	14	Marian Wolz	26	F	9:08	31:38	40:46	20:35	1:01:21
6	1/1	25	Meredith Naughton	30	F	7:51	34:29	42:20	19:41	1:02:01
7	1/3	7	Paul Menichelli	58	M	8:16	33:11	41:27	21:09	1:02:36
8	1/1	22	Kate Barash-Engel	35	F	10:08	34:09	44:17	21:42	1:05:59
9	1/4	2	Mary Nealon	58	F	8:07	36:54	45:01	21:42	1:06:43
10	1/4	8	Paul Hennessey	70	M	8:14	38:24	46:38	21:18	1:07:56
11	2/4	16	Deb Laskarzewski	51	F	8:53	35:40	44:33	23:41	1:08:14
12	2/3	13	Mark Gunkel	52	M	10:01	34:17	44:18	25:06	1:09:24
13	2/4	5	David Vallett	62	M	9:55	35:45	45:40	24:22	1:10:02
14	3/3	26	Daemmon Hughes	53	M	9:16	37:17	46:33	24:25	1:10:58
15	1/1	21	Colleen Kutin	43	F	9:57	38:33	48:30	22:30	1:11:00
16	1/3	10	Ann Bushey	61	F	8:40	39:28	48:08	23:41	1:11:49
17	2/3	17	Kristie Sills	26	F	9:01	41:05	50:06	24:59	1:15:05
18	2/3	19	Pam Sills	63	F	8:06	42:53	50:59	24:37	1:15:36
19	3/4	24	Terry Ryan	62	M	8:12	38:11	46:23	30:48	1:17:11
20	4/4	4	Alan Cass	65	M	8:34	40:31	49:05	31:30	1:20:35
21	1/1	9	John Bonneville	38	M	7:37	40:55	48:32	32:29	1:21:01
22	3/3	6	Carol Vallett	62	F	11:36	41:57	53:33	29:07	1:22:40
23	3/4	1	Maryke Gillis	58	F	9:51	43:49	53:40	31:02	1:24:42
24	3/3	3	Joanna Brunner	28	F	7:54	47:01	54:55	32:32	1:27:27
25	4/4	20	Michaela Stickney	57	F	11:02	59:36	1:10:38	34:23	1:45:01

AQUABIKE RESULTS

1	1/1	11	Lance Burnham	48	M	8:05	40:40	48:45
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AQUATHLON RESULTS

Place in		NO.	NAME	AGE	S	SWIM Time	RUN Time	FINAL Time
Place	Division							
=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1/1	28	Zachary Jackman	11	M	9:11	24:36	33:47
2	1/1	27	Abigail Jackman	11	F	8:17	25:31	33:48
3	1/1	29	Heath Jackman	46	M	9:08	24:46	33:54