

We hit a new record with 34 participants in the final Elmore Triathlon of 2015! It was a little gray with threatening sprinkles, but the rain held off for a great race. Brian Carlson won for a 2nd time edging out Thorin Markison who beat Brian on 6/11. Dot Martin also repeated as winner, with last week's winner Rima Carlson coming in 2nd. We had several people who participated in all 3 tri's this year getting the most for their money--including enjoying the final picnic. Thank you very much to my volunteers who held it together while I frantically searched for matches to get the charcoal started. Marsha Bancroft, John Martin and Rick Molz did a great job.

9th Annual Elmore Practice Triathlon Series
07/09/15

Place	Place in Division	NO.	NAME	AGE	S	SWIM Time	BIKE Time	BIKE Cum Time	RUN Time	FINAL Time
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1/3	23	Brian Carlson	43	M	7:57	28:33	36:30	14:22	50:52
2	1/2	9	Thorin Markison	32	M	7:47	28:18	36:05	15:04	51:09
3	1/1	48	Chris Shaffer	39	M	7:54	28:27	36:21	16:38	52:59
4	2/3	30	Dustin Rand	40	M	7:08	29:21	36:29	18:03	54:32
5	3/3	11	Ben Ellingson	44	M	7:36	30:03	37:39	17:32	55:11
6	2/2	27	Roy Belcher	34	M	7:29	31:41	39:10	18:32	57:42
7	1/3	8	Dot Martin	55	F	7:50	32:19	40:09	18:02	58:11
8	1/6	24	Rima Carlson	41	F	8:39	31:19	39:58	19:23	59:21
9	1/4	37	Danielle Lacavalla	28	F	9:21	32:25	41:46	18:14	1:00:00
10	1/1	35	Heather Voisin	39	F	11:17	29:05	40:22	20:27	1:00:49
11	1/2	17	Dave Lovegrove	28	M	10:34	32:39	43:13	17:38	1:00:51
12	2/4	13	Heidi Robbins	25	F	8:52	34:16	43:08	18:33	1:01:41
13	1/1	46	John Valentine	66	M	11:40	32:31	44:11	18:48	1:02:59
14	2/2	6	Ben Linder	28	M	8:11	34:30	42:41	21:36	1:04:17
15	1/3	41	Kieran Fitzsimmons	30	F	7:59	37:02	45:01	19:53	1:04:54
16	2/6	1	Kathleen Bryant	42	F	7:29	36:56	44:25	20:52	1:05:17
17	2/3	49	Mel Magallanez	34	F	11:22	34:08	45:30	20:15	1:05:45
18	3/3	10	Megan Jolly	34	F	11:20	35:05	46:25	20:57	1:07:22
19	3/6	43	Sandy Colvin	47	F	12:19	35:44	48:03	19:23	1:07:26
20	4/6	36	Deb Laskarzewski	47	F	9:19	36:05	45:24	23:03	1:08:27
21	1/3	2	David Vallett	59	M	11:35	34:50	46:25	22:14	1:08:39
22	2/3	45	Paul Martin	57	M	9:00	36:28	45:28	23:32	1:09:00
23	1/1	22	Benjamin Kidder	24	M	12:24	34:06	46:30	22:37	1:09:07
24	5/6	38	Jennifer Gordon	45	F	11:38	35:15	46:53	23:40	1:10:33
25	1/1	47	John Brodhead	71	M	9:04	37:15	46:19	24:16	1:10:35
26	2/3	32	Mary Clifton	58	F	7:58	38:27	46:25	24:58	1:11:23
27	3/4	15	Meredith Naughton	26	F	11:18	41:07	52:25	21:10	1:13:35
28	6/6	4	Amy Dickenson	48	F	11:25	37:08	48:33	25:27	1:14:00
29	3/3	7	Guy Page	57	M	9:42	41:00	50:42	23:23	1:14:05
30	4/4	16	Caitlin Lovegrove	29	F	12:32	40:27	52:59	24:03	1:17:02
31	3/3	51	Joy Cary	59	F	12:21	39:05	51:26	27:10	1:18:36
32	1/1	18	Anna Berg	24	F	12:46	42:55	55:41	23:57	1:19:38
33	Relay	19	Berg/Hannah Reckhow	24	F	12:46	39:54	52:40	28:22	1:21:02

AQUABIKE RESULTS

Place	Place in Division	NO.	NAME	AGE	S	SWIM Time	BIKE Time	FINAL Time
=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1/1	50	Woodie Clifton	62	M	9:11	34:21	43:32

Water Temp 71F, Air 70F, a few sprinkles