We had a beautiful day for the 2nd edition of the Montpelier/Elmore Practice Triathlon Series. For the first time in the history of the practice triathlons there was a photo finish with timers awarding Ben Ellingson the win over Anthony Mennona as they sprinted to the line. Erin Preston swam and ran with her 11 yo daughter Aaliyah, but still took home first place female. The recreation area was busy and we thank them for allowing us to hold the triathlon with so many still swimming in the pool. Many thanks to the volunteers who helped time and keep people on course: Marsha Bancroft, John Martin, Dot Martin and Dot Helling. We only had one significant course deviation on the run this week and the markings will be improved to help prevent that next event.

## Montpelier/Elmore Practice Triathlon Series #8 07/10/14 Montpelier Pool & Recreation Area

	Place							BIKE			
	in					SWIM	BIKE	Cum	RUN	FINAL	
Place	Division	NO.	NAME	AGE	S	Time	Time	Time	Time	Time	
=====	======	====	=======================================	===	=	=====	====	======	= ====	======	
1	1/3	5	Ben Ellingson	43	Μ	4:56	28:44	33:40	16:23	50:03	
2	1/1	15	Anthony Mennona	38	Μ	4:47	27:03	31:50	18:13	50:03	
3	1/2	9	Erin Preston	39	F	6:46	28:09	34:55	21:03	55:58	
4	2/3	11	Heath Jackman	41	Μ	5:35	30:16	35:51	21:09	57:00	
5	1/2	8	Danielle Lacavalla	27	F	5:58	31:58	37:56	20:09	58:05	
6	3/3	22	Dan Miller Arsenault	46	Μ	6:15	31:20	37:35	22:12	59:47	
7	1/4	17	Kathleen Bryant	41	F	4:49	34:29	39:18	20:55	1:00:13	
8	1/2	25	Don Harrington	52	Μ	5:04	33:31	38:35	23:11	1:01:46	
9	1/3	13	Ann Bushey	56	F	5:34	35:12	40:46	21:06	1:01:52	
10	2/4	19	Heidi Higgins Cutler	48	F	5:41	35:16	40:57	21:56	1:02:53	
11	2/2	20	Heather Cutler	25	F	5:20	34:58	40:18	23:08	1:03:26	
12	2/2	18	Mack Gardner-Morse	53	Μ	8:21	35:18	43:39	20:19	1:03:58	
13	3/4	21	Jen Miller Arsenault	44	F	6:50	37:13	44:03	20:18	1:04:21	
14	4/4	26	Sandy Colvin	46	F	8:37	39:51	48:28	21:05	1:09:33	
15	2/2	24	Claudia Larrow	35	F	7:02	37:11	44:13	26:05	1:10:18	
16	2/3	1	Becky Diedrich	50	F	8:35	38:33	47:08	23:13	1:10:21	
17	3/3	6	Dana Hutchinson	52	F	8:22	39:18	47:40	30:55	*1:18:35*	

<sup>\*</sup> Creative Run course

## AOUATHLON RESULTS

	Place								
	in					SWIM	T1	RUN	FINAL
Place	Division	NO.	NAME	AGE	S	Time	Time	Time	Time
=====	=======	====	=======================================	===	=	=====	=====	==== ===	
1	1/1	14	Brynn Bushey	14	F	6:24	2:00**	33:44	42:08
2	1/1	23	Aaliyah Preston	11	F	6:46	28:09	21:02	55:57

<sup>\*\*</sup> Estimated T1