

Another great day for the 2nd Elmore triathlon of 2016. There was a fantastic turnout of 34 people to enjoy the sunny skies and warm water. Thorin Markison repeated as the men's winner and Dot Martin was 1st for women. Chris Shaffer who put on another great low key/low cost triathlon in Newport last weekend was 2nd for men, while Rima Carlson followed Dot closely for 2nd this week. Thanks go out to Dot Helling and John Martin for volunteering tonight. Remember that there is a free picnic for anybody who attends the next one on July 14. Let's hope for as good weather for that one as for the first 2!

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10th Annual Elmore Practice Triathlon Series
06/30/16

Place	Place in Division	NO.	NAME	AGE	S	SWIM Time	BIKE Time	BIKE Cum Time	RUN Time	FINAL Time
1	1/3	3	Thorin Markison	33	M	7:20	26:23	33:43	14:24	48:07
2	1/3	36	Chris Shaffer	40	M	8:27	28:40	37:07	16:49	53:56
3	1/1	38	Lance Parker	22	M	9:40	28:02	37:42	18:15	55:57
4	1/1	6	Benjamin Kidder	25	M	12:14	26:53	39:07	17:08	56:15
5	2/3	16	Scott Silverstein	30	M	8:53	30:38	39:31	17:11	56:42
6	1/5	19	Dot Martin	56	F	8:17	32:12	40:29	17:54	58:23
7	1/5	33	Rima Carlson	42	F	8:55	30:58	39:53	19:27	59:20
8	1/5	28	Steve Owens	56	M	9:00	31:45	40:45	18:45	59:30
9	2/3	35	Kevin Stapleton	46	M	7:28	32:16	39:44	20:06	59:50
10	1/3	13	John Valentine	67	M	11:16	31:13	42:29	19:11	1:01:40
11	1/3	12	Heidi Robbins	26	F	9:14	33:53	43:07	19:15	1:02:22
12	3/3	39	Heath Jackman	43	M	9:19	33:05	42:24	21:30	1:03:54
13	3/3	8	Ben Linder	30	M	8:46	34:51	43:37	21:40	1:05:17
14	2/5	32	Deb Laskarzewski	48	F	9:44	34:24	44:08	21:40	1:05:48
15	2/5	9	John Andrews	53	M	9:36	35:44	45:20	21:15	1:06:35
16	3/5	10	Kathleen Bryant	42	F	7:42	37:45	45:27	21:24	1:06:51
17	3/5	1	Paul Menichelli	55	M	10:29	35:33	46:02	21:18	1:07:20
18	2/3	37	Meredith Naughton	27	F	10:16	36:28	46:44	20:55	1:07:39
19	2/5	26	Rebecca Ryan	59	F	8:55	36:31	45:26	22:54	1:08:20
20	2/3	20	David Vallett	60	M	11:52	36:06	47:58	21:54	1:09:52
21	3/5	11	Ann Bushey	58	F	10:30	38:05	48:35	21:20	1:09:55
22	4/5	23	Terry Ryan	58	M	8:35	36:11	44:46	25:43	1:10:29
23	4/5	27	Mary Clifton	59	F	9:06	36:55	46:01	25:03	1:11:04
24	1/2	29	JB McCarthy/June Burr	Relay		12:39	39:01	51:40	21:06	1:12:46
25	4/5	31	Jeanna Aube	45	F	10:47	39:52	50:39	22:52	1:13:31
26	1/1	17	Laura Schutz	37	F	13:00	40:17	53:17	22:21	1:15:38
27	5/5	25	Kathy Town	49	F	14:41	38:35	53:16	23:38	1:16:54
28	1/2	24	Joy Cary	60	F	13:16	39:10	52:26	26:52	1:19:18
29	3/3	4	Anna Berg	25	F	13:05	44:34	57:39	23:47	1:21:26
30	2/2	21	Carol Vallett	60	F	13:04	42:41	55:45	27:34	1:23:19
31	2/2	7	Pat Jones/ Marisa Melamed	Relay		13:33	50:53	1:04:26	23:20	1:27:46
Aquabike										
1	1/1	22	Woodie Clifton	63	M	9:47	36:57	46:44		

